



**CURLING  
QUÉBEC**



# Eligibility Policy (Colts Category)

**Curling Quebec  
Revision date  
November 2023**

## Eligibility policy

*(Colts category)*

The following eligibility rules apply to all Colts category competitions that are sanctioned by Curling Quebec (CQ). These competitions include, but are not limited to, the provincial Colts circuit events, the provincial Colts championship and any regional or club qualification events for the provincial Colts championship.

### **1) Guiding principles**

- One (1) season of eligibility will be counted when a person has participated in a minimum of five (5) curling activities in a single curling season.
- A curling activity does not need to have taken place in Quebec or any other Canadian province or territory. A person who has participated in curling activities in another country still accumulates years of experience.
- Years taken off from curling have no impact on the number of years of experience a person has. For example, a player who has played two (2) years in the past, but who has taken one or multiple years away from the sport will be in their third (3rd) year of experience when they start curling again. The length of the break has no importance.
- It is not necessary for a person to be a member in a curling club for a season to count as a year of experience.
- Because of the COVID-19 pandemic, the 2020-2021 season will NOT be taken into consideration because the practice of curling was very limited and most clubs in Quebec were closed for the majority or all of the season.
- A person will be eligible to participate in the Colts category if they are currently plying in their fifth season of experience or less, without exceptions.
- A person who participates in other competitions than the ones which are exclusive for Colts players (for example the Junior or Elite series or other events from our Club series) retains the right to play in the Colts category. The only eligibility factor is the number of years of experience of each player.

### **2) Activities that count towards the number of years of experience**

- One junior league session
- One junior program session
- One session from a Curling 101 or Curling 101 for women program
- One session of the Ascension program
- One session of the First Rock program
- One session of any other development program offered in Quebec or elsewhere
- One game in a curling league
- One game in a curling tournament
- One game that is organised during a recurring rental session
- One game during a provincial championship or another curling competition
- One practice that lasted more than 45 minutes (individually or not)
- One outdoor curling activity outside of Canada

### **3) Activities that do not count towards the number of years of experience**

- Introduction sessions during a non-recurring rental session
- Curling activities in a gymnasium (“Rocks and Rings”, “FloorCurl”, etc.)
- Outdoor curling activity in Canada
- Participation in a curling camp
- Participating in a training course (official, ice technician, coach)
- Working as an official
- Working as an ice technician (paid or volunteer)
- Coaching a player or a group

### **4) Additional notes**

- For any activity that is not mentioned in section 2 and 3 of this document, please contact Curling Quebec’s Director of Competitions who will clarify if an activity is taken into consideration to calculate the number of years of experience.
- CQ will not systematically verify the amount of experience years for players of Colts category events. This decision has been taken considering that experience years can have been accumulated anywhere in the world and because these verifications would be nearly impossible to do accurately.
- CQ trusts that each person who registers to participate in a Colts category event will be honest. We expect each participant to respect the sportsmanship aspect of our sport and therefore, no participant should register to play in the Colts category if they knowingly have more than 5 years of curling experience. We also trust that a person in doubt will contact us to clarify their specific situation.
- If you have any questions about your eligibility status, please contact Curling Quebec’s Director of Competitions.